

blush

SUMMER 2010

for the modern mother

explore the great outdoors

- » Plan a hassle-free family camping trip
- » Make your own first aid kit
- » Beat the heat with sun safety tips

3 easy recipes for happy campers

Meet
Jamie Salé
figure skater
and mom

Kids with
**Down
syndrome**
overcome
the odds

blushmom.com



taking care of YOU and Your LITTLE one

Visit blushmom.com
for your chance to WIN
these great products!

Bodylogix Products Prize Pack

Great for a mom on the go, this prize pack includes AM/PM multivitamins, a seven-day cleansing system, protein and fibre shake mix, and much more. Fuel your active lifestyle with Bodylogix products.

bodylogix.com, prices vary



Treehouse Berry Blast Bubble Bath

Having trouble getting your little one in the bathtub? No more with this natural, dermatologist-tested bubble bath. The kid-approved berry scent and your child's favourite Treehouse character make bath time fun time.

naturecleanliving.com, \$7.99

SHUR-LINE Eco-Friendly Brushes and Rollers

These eco-friendly paint brushes are made from recycled and renewable materials including bamboo, recycled polyester, and recycled aluminum. The roller fabric is also planet-friendly, made from 100 percent recycled materials.

shurline.com, prices vary depending on size



Rubbermaid Lock-Its with Easy Find Lids

Stacking, snapping lids make finding a matching container set easy, and keeps your cabinet organized. And the built-in rubberized seal ensures no leaks, even when your little one pulls out the leftovers—upside down.

rubbermaid.com, prices vary depending on size



SPONGE Skincare Anti-Fatigue Leg Cream and Comfort + Elasticity Cream

Treat your legs with Anti-Fatigue Leg Cream, said to aid in vascular circulation and muscle relief. For those pesky stretch marks try Comfort + Elasticity Cream enriched with olive oil, bran extracts, avocado, and camomile.

spongeskincare.com, prices vary

