

MANNERS  
FOR TODDLERS

NEW RECIPES FROM THE  
LOONEYSPOONS SISTERS

15 AWESOME  
KIDS UNDER 15

42  
UNIQUE  
GIFT  
IDEAS

# CANADIAN family

5TH ANNUAL

## FOOD

ISSUE

family  
tested

How to get your  
picky kid to eat  
*anything*. Really!

10 POWER  
FOODS  
that all kids need

The ultimate  
healthy cookie

30  
best family  
recipes

Easy pasta, chicken, brownies & international dishes

Results of our  
3rd ANNUAL  
FOOD  
AWARDS  
inside! P.61





VISIT [canadianfamily.ca/birthday](http://canadianfamily.ca/birthday) TO CHECK OUT MORE PICS AND OUR VIDEO!

Canadian Family celebrated our 15th birthday with an unforgettable party full of family fun

On Sunday, Sept. 18, we held our 15th Birthday Party at the Evergreen Brick Works in Toronto. Our readers and their families joined us for a day of play that included a scavenger hunt by Nature Clean, a Sony PlayStation gaming zone, a Sony photo booth, a Fisher-Price playground, a Little Tikes play area, face painting, a barbecue lunch and live performances by My Little Pony and more!



All-girl Toronto band Close with Style rocked the house!



Face painters transformed little girls into princesses, Super Hero, marvellous Spider-Man masks and family fun!



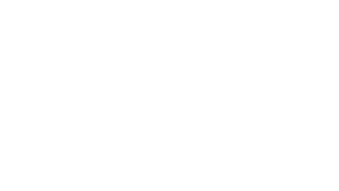
Little ones cruised the scene with Little Tikes riding toys.



Little gamers showed off their skills at the Sony PlayStation booth.



Small fry had a ball playing with Fisher-Price's latest and greatest toys.



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- A special thanks to our amazing sponsors
- ENTERTAINMENT: **Keaton**, **Sony**, **DAVEY HAZZ**
  - VENUE: **EVERGREEN BRICK WORKS**
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